

## INTRODUCTION

- \* The transitional nature of the book of 1 Samuel ... From the last judge (Samuel) to the death of the first king ... setting up the kingship of David
- \* The relationship between Saul and David has transitioned from one of amity to one of animosity
- \* This change in the relationship was caused by Saul's pride and jealousy. Such that "Saul became David's enemy continually."
- \* Last week, we considered the place of God in this situation. We saw how God watched over and protected David through individuals and circumstances.
- \* Yet, as the weight of the battle grows heavier, sadly we often fail - giving into worry and anxiety. Yet God has given us a path to overcoming worry and anxiety.
- \* Today, we will consider David's succumbing to anxiety and the lessons that we can draw from it.

## INSTRUCTION

### I. DAVID'S \_\_\_ LIGHT

- A. To \_\_\_\_\_
- B. To \_\_\_\_\_
- C. To \_\_\_\_\_

### II. DAVID'S \_\_\_ LIGHT

- A. On The P \_\_\_\_\_ al Plane ... *the aggression of* \_\_\_\_\_
- B. On The S \_\_\_\_\_ al Plane ... *the attack of* \_\_\_\_\_
- C. On The P \_\_\_\_\_ al Plane ... *the anxiousness of* \_\_\_\_\_

#### 1. SUCCUMBING TO ANXIETY

- a. The E \_\_\_\_\_ of His Anxiety (cf. Lev 24:5-9; Lev 2; Mt 12:4; Mk 2:26; Lk 6:4)
- b. The C \_\_\_\_\_ of His Anxiety (cf. 1 Corinthians 10:13)

#### 2. OVERCOMING ANXIETY (cf. Philippians 4:4-9)

- a. The Steps To Overcoming Anxiety
  - i. *Choosing To* \_\_\_\_\_ ... *The Command to* \_\_\_\_\_ (cf. Mt 5:10-16; Acts 5:41-42)
  - ii. *Choosing To* \_\_\_\_\_ ... *The Command to* \_\_\_\_\_ (cf. Matthew 6:19-34)
  - iii. *Choosing To* \_\_\_\_\_ ... *The Command to* \_\_\_\_\_ (cf. Ps 62:8; Prov 3:5-6; Eph 5:20)
  - iv. *Choosing To* \_\_\_\_\_ ... *The Command to* \_\_\_\_\_ (cf. Colossians 3:1-2)
  - v. *Choosing To* \_\_\_\_\_ ... *The Command to* \_\_\_\_\_ (cf. Proverbs 16:3; James 1:22-25)
- b. The Results Of Overcoming Anxiety
  - i. *The Presence of the P* \_\_\_\_\_ *of G* \_\_\_\_\_
  - ii. *The Presence of the G* \_\_\_\_\_ *of P* \_\_\_\_\_

## INTROSPECTION

- \* HOW DO YOU RESPOND IN STRESSFUL SITUATIONS? ARE YOU MORE APT TO WORRY OR REJOICE?
- \* WHAT DO YOU SPEND THE MAJORITY OF YOUR TIME FOCUSING ON?  
THE EVER-CHANGING LANDSCAPE OF THIS WORLD OR THE NEVER-CHANGING LOVE OF YOUR HEAVENLY FATHER?
- \* ARE YOU CURRENTLY WALKING IN THE PRESENCE OF THE PEACE OF GOD?
- \* ARE YOU GOD'S CHILD? DO YOU EVEN HAVE PEACE *WITH* GOD? BEHOLD, TODAY IS THE DAY OF SALVATION!
- \* IS THERE A NEED TO "CHANGE THE WAY YOU THINK" ... AND ACT?